

THE DIVISIONAL COUNCIL OF THE CAPE

**WHITE AREA**

BY ORDER SECRETARY

DIE AFDELINGSRAAD VAN DIE KAAP

**BLANKE GEBIED**

OP LAS SEKRETARIS





**STOP  
THE**



**TOURS**

ANTI-APARTHEID MOVEMENT - FIGHT APARTHEID













**MANDELA FOR  
PRESIDENT**

**THE PEOPLE'S CHOICE!**

**ANC**

**ABLE**













VUSELELA ULWAZI  
OHYAKHO  
DROP-IN  
CENTRE  
for a + mindset

# VUSELELA

Sponsored by MX HEALTH  
BRINGING HEALTHCARE CLOSER TO HOME





















**Wathintu Gogo,  
wathinti lizwe**

(strike a grandmother,  
strike the world)



**LALELA  
(Listen)**











# Lessons from Listening

1. When you ask people to share their stories, be prepared not just to listen but to help solve the problems they have shared.
2. Pay attention to what people **don't** say – the absences and silences can sometimes be just as powerful as what is said.
3. Stories can't be stage managed – you have to let them be what they are. The journey of a story is determined by its storyteller.
4. Stories are powerful - they can stop a virus, open hearts and change communities.